

PE– curriculum journey at St Patrick's

At St Patrick's, the intent of Physical Education, School Sport and Physical Activities (PESSPA) is to give all children the opportunity to develop the tools and understanding that are required to make a positive impact in their own physical health and well-being.

We recognise the importance of delivering high quality PE, therefore we want to give every child the opportunities and experiences, through a varied curriculum, which enables children to succeed and promote self-confidence, resilience, creativity, problem solving and teamwork. This approach can help all children cope with success and failure in competition, as an individual and as part of a team, which will help them develop into a more emotionally stable and robust child. Our curriculum aims to improve the wellbeing and fitness of all children, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes.

We intend to use the Sports Premium Funding effectively and monitor the impact it has on the children.

The PE curriculum is taught through the Durham Core Tasks and County Assessments scheme, which is in line with the National Curriculum expectations. Children need practical skills to participate, compete and lead a healthy active lifestyle. To enable this all children will attend weekly PE sessions Each area is planned out to show clear learning that develops over time from EYFS to Year 6. Knowledge and skills are progressive, each Key Stage is allocated clear areas of learning that must be covered.

Knowledge will be revisited, creating layers of learning that helps become embedded. Depth of study is valued, and time is provided to allow learning to be meaningful.

All children can participate in PESSPA at their own level of development, with teachers ensuring that lessons cater for individual needs.

Laying strong foundations in Early Years by:

Supporting children to:	Providing children with:
<ul style="list-style-type: none"> • Move with confidence and imagination • Handle tools and objects with basic control • Have good fine motor control and coordination • Negotiate space and obstacles safely, showing an awareness of space for others and themselves • Demonstrate strength, balance and coordination when playing • Move energetically such as running, jumping, dancing, hopping, skipping and climbing 	<ul style="list-style-type: none"> • Music to match simple movements to • A weekly hall session where children can access a range of equipment and develop their gross motor skills and physical development • Give children the opportunities to swing, climb, jump and travel in a variety of different ways using the equipment available in provision and the large gym equipment in the hall • Opportunities to develop skills and resources to challenge them when required

Year group	Autumn	Spring	Summer
1	Invasion games	Target games	Striking and fielding
	Gymnastics	Fundamentals	Athletics
2	Invasion games	Target games	Striking and fielding
	Gymnastics	Fundamentals	Athletics

♥ Continuing Christ's Mission ♥

3	Basketball	Dodgeball	Cricket
	Gymnastics	Fundamentals Y3/4	Athletics
4	Basketball	Dodgeball	Cricket
	Gymnastics	Fundamentals Y3/4	Athletics
5	Basketball	Dodgeball	Cricket
	Gymnastics	Fitness	Athletics
6	Basketball	Dodgeball	Cricket
	Gymnastics	Fitness	Athletics